



# Qualsafe Level 3 Award in Emergency First Aid at Work (RQF)

## Overview of the Course

Be prepared for emergency first aid situations at work: The Health and Safety (First Aid) Regulations 1981 require all employers to plan to ensure their employees receive immediate attention if they are injured or taken ill at work. Having the correct first aid provision in the workplace is not just a legal requirement, it is incredibly important for the safety of all members of staff!

## Course Details

**COURSE LOADING** 12 learners per course

**COURSE DURATION** 1 day

### COURSE CONTENT

- » The roles and responsibilities of an emergency first aider
- » Assessing an incident Managing an unresponsive casualty
- » CPR and defibrillation
- » Recovery Position
- » Choking
- » Seizures
- » Shock Wounds and bleeding
- » Minor injuries
- » Cuts, grazes and bruises
- » Minor burns and scalds

### PRE-REQUISITES & REQUIREMENTS

No pre-requisites or requirements for this course.

## Completion of the Course

An E-Certificate will be issued on successful completion of the course. Requalification will be required after 3 years.

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“A well delivered course. The trainer was extremely knowledgeable about first aid.”