



Qualsafe Level 3 Award in First Aid at Work (RQF)

Overview of the Course

The Health and Safety (First Aid) Regulations 1981 require all employers to plan to ensure their employees receive immediate attention if they are injured or taken ill at work. Having the correct first aid provision in the workplace is not just a legal requirement, it is incredibly important for the safety of all members of staff!

Course Details

COURSE LOADING 12 learners per course

COURSE DURATION 3 days

COURSE CONTENT

- » Roles and responsibilities of a first aider
- » CPR and defibrillation
- » Managing an unresponsive casualty
- » Recovery Position
- » Choking
- » Burns and scalds
- » Wounds, bleeding and shock
- » Broken bones, fractures and dislocations
- » Seizures and Epilepsy
- » Anaphylaxis
- » Asthma
- » Stroke
- » Heart Attack
- » Minor injuries

COURSE DELIVERY MODEL

Classroom based sessions with PowerPoint presentation and practical sessions.

PRE-REQUISITES & REQUIREMENTS

No pre-requisites or requirements for this course.

Completion of the Course

The Qualsafe Level 3 Award in First Aid at Work (RQF) may be used towards other qualifications at the same and higher level, plus aid career progression in a relevant profession.

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“The instructor was extremely knowledgeable and delivered the training at the right level, I learnt a lot.”